

Mid Lancs Track and Field League

Wilson Playing Fields, Hyndburn, 31st May 2008

Senior Men 100m Heat 1

1 Luke. Evans	Blackburn H & AC	149	10.9	7
2 Stephen. Sumner	Hyndburn AC	615	11.1	5
3 Simon. Woan	Preston Harriers	982	11.2	4
4 Tom. Batty	Preston Harriers	987	11.6	3
5 Simon. Sumner	Chorley AC	486	11.7	7
6 Matthew. Carabine	Hyndburn AC	562	12.9	nc

Senior Men 800m Heat 1

1 Robbie. Schofield	Ribble Valley AC	447	01:55.2	7
2 Nathan. Bibby	Preston Harriers	986	01:59.8	5
3 Peter. Huck	Barrow & Furness AC	35	02:00.3	5
4 Mark. Gardner	Lancaster Morecambe AC	690	02:01.0	4
5 Aaron. Barker	Rossendale Harriers	1002	02:01.3	4
6 Jack. Thompson	Pendle AC	750	02:01.6	3
7 Paul. Milburn	Guest	1493	02:02.4	
8 David. Mutton	Barrow & Furness AC	36	02:03.3	2

Senior Men 100m Heat 2

1 Phil. Vickers	Blackburn H & AC	100	11.8	2
2 James. Eccles	Bolton Utd Harriers	1310	11.9	1
3 Nick. Rawcliffe	Hyndburn AC	609	12.1	
4 Simon. Wells	Blackpool Wyre Fylde AC	204	12.1	
5 Ryan. Sumner	Preston Harriers	963	12.2	nc
6 John. Wright	Chorley AC	489	12.5	5

Senior Men 800m Heat 2

1 Stephen. Bennett	Preston Harriers	990	01:59.7	7
2 Jordan. Harris	Lancaster Morecambe AC	684	02:02.1	3
3 Alan. Gordon	Lancaster Morecambe AC	691	02:14.8	nc
4 Rob. Hutton	Blackpool Wyre Fylde AC	226	02:15.8	2
5 Paul. Hopes	Blackpool Wyre Fylde AC	264	02:18.1	1
6 Alex. Rowe	Wesham Road Runners	464	02:21.2	1
7 Dave. Dunn	Lytham St.Annes RR	1221	02:25.5	
8 Graham. Webster	Lytham St.Annes RR	1222	02:25.6	

Senior Men 100m Heat 3

1 Chris. Clark	Hyndburn AC	563	12.2	nc
2 Cory. Pounder	Hyndburn AC	623	12.5	nc
3 Michael. Carr	Blackburn H & AC	148	12.6	nc
4 John. Rutter	Blackpool Wyre Fylde AC	321	13.3	
5 Nadeem. Wahid	Mossley Hill AC	1389	13.5	4
6 Richard. Freeman	Mossley Hill AC	1390	13.7	3

Senior Men 1500m

1 Daniel. Griffiths	Guest	1489	04:09.5	
2 Danny. Parkinson	Kendal AC	631	04:11.9	7
3 Steve. Hallas	Preston Harriers	991	04:24.2	7
4 Scott. Monk	Blackburn H & AC	94	04:25.2	5
5 David. Hook	Barrow & Furness AC	42	04:29.3	5
6 Les. Cornwall	Wesham Road Runners	462	04:32.1	4
7 Karl. Lee	Wesham Road Runners	461	04:39.6	3
8 Tom. Maden	Rossendale Harriers	1028	04:47.9	2
9 Alex. Rowe	Wesham Road Runners	464	04:51.1	nc
10 Brendan. Higgins	Bolton Utd Harriers	1314	05:07.2	4
11 Graham. Webster	Lytham St.Annes RR	1222	05:11.0	1

Senior Men 200m Heat 1

1 Luke. Evans	Blackburn H & AC	149	22.2	7
2 Simon. Woan	Preston Harriers	982	22.8	5
3 Johnathan. Harker	Ribble Valley AC	411	23.4	7
4 Tom. Batty	Preston Harriers	987	23.4	4
5 Phil. Vickers	Blackburn H & AC	100	24	2
6 Simon. Sumner	Chorley AC	486	24.3	5

Senior Men 3000m

1 Peter. Huck	Barrow & Furness AC	35	09:20.3	
2 Ashley. Kay	Rossendale Harriers	1024	09:45.2	
3 Scott. Thwaites	Kendal AC	664	09:48.7	7
4 Daniel. Evans	Pendle AC	734	09:52.3	
5 Alex. Rowe	Wesham Road Runners	464	10:08.9	
6 Paul. Hodgson	Lancaster Morecambe AC	685	10:22.5	
7 Paul. Williamson	Guest	1488	10:24.3	
8 Joe. Johnston	Rossendale Harriers	1023	10:30.5	
9 Mikey. Hoyle	Kendal AC	642	10:31.2	-7
10 Rob. Hutton	Blackpool Wyre Fylde AC	226	10:42.8	
11 Paul. Hopes	Blackpool Wyre Fylde AC	264	10:44.8	
12 Carlos. Irizar	Southport Waterloo AC	1079	10:46.3	
13 Graham. Webster	Lytham St.Annes RR	1222	11:07.6	
14 Pete. Ackland	Kendal AC	636	11:19.8	-7
15 Jake. Carradus	Kendal AC	644	12:04.4	nc
16 Luke. Hodgson	Lancaster Morecambe AC	686	12:30.6	

Senior Men 200m Heat 2

1 James. Eccles	Bolton Utd Harriers	1310	23.6	3
2 Ryan. Sumner	Preston Harriers	963	24.4	nc
3 Nick. Rawcliffe	Hyndburn AC	609	24.7	
4 John. Wright	Chorley AC	489	24.9	4
5 Leroy. Golding	Pendle AC	736	25.1	3

Senior Men 200m Heat 3

1 Simon. Wells	Blackpool Wyre Fylde AC	204	24.2	1
2 Cory. Pounder	Hyndburn AC	623	25.3	
3 Michael. Carr	Blackburn H & AC	148	26.1	nc
4 Matthew. Carabine	Hyndburn AC	562	27.1	nc

Senior Men 400m Heat 1

1 Christian. Eckersley	Bolton Utd Harriers	1311	50	7
2 Johnathan. Harker	Ribble Valley AC	411	51.3	7
3 Alex. Bale	Blackpool Wyre Fylde AC	191	52	5
4 David. Mutton	Barrow & Furness AC	36	53	5
5 Scott. Whittle	Bolton Utd Harriers	1327	53.1	4
6 Aaron. Barker	Rossendale Harriers	1002	55.1	4

Senior Men 4x100m Relay

1 .	Hyndburn AC	562	47.2	7
N 2 .	Hyndburn AC	623	51.7	

Senior Men 400m Heat 2

1 Nick. Rawcliffe	Hyndburn AC	609	55.9	3
2 Chris. Thomas	Barrow & Furness AC	47	57	3
3 John. Linaker	Burnley AC	355	57.5	2
4 Michael. Carr	Blackburn H & AC	148	58.3	2
5 Sam. Higginson	Lancaster Morecambe AC	678	59.3	1

Senior Men 4x400m Relay

1 .	Ribble Valley AC	428	03:38.0	7
2 .	Kendal AC	665	04:04.1	5
N 3 .	Ribble Valley AC	421	04:09.9	

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Senior Men Long Jump

1 Ryan. Sumner	Preston Harriers	963	5.69	7
2 Stephen. Sumner	Hyndburn AC	615	5.23	5
3 Nadeem. Wahid	Mossley Hill AC	1389	4.67	7
4 Leroy. Golding	Pendle AC	736	4.49	5
5 Cari. Foster	Horwich RMI H & AC	1217	4.48	4
6 Ian. Saunders	Horwich RMI H & AC	1216	3.01	3
7 Rob. Morley	Preston Harriers	988	2.58	4

Senior Men High Jump

1 Daniel. Linaker	Burnley AC	370	1.75	7
2 John. Rutter	Blackpool Wyre Fylde AC	321	1.63	7
3 Cari. Foster	Horwich RMI H & AC	1217	1.4	5

Senior Men Shot Putt

1 Carl. Fletcher	Wigan H & AC	1364	15.91	7
2 Nadeem. Wahid	Mossley Hill AC	1389	9.82	5
3 James. Quinn	Wigan H & AC	1365	9.68	4
4 Dave. Myerscough	Blackpool Wyre Fylde AC	230	9.62	7
5 Ryan. Inglis	Pendle AC	739	9.5	3
6 Bob. Wyper	Blackpool Wyre Fylde AC	345	9.43	5
7 Alan. Plumb	Burnley AC	371	9.27	2
8 Rob. Morley	Preston Harriers	988	8.55	4
9 Russell. Race	Hyndburn AC	607	8.02	3
10 Mike. Grime	Hyndburn AC	581	7.96	2
11 Phil. Makin	Bolton Utd Harriers	1316	7.4	1
12 Wayne. Edmondson	Hyndburn AC	571	7.14	nc
13 Declan. Lyons	Hyndburn AC	588	6.74	nc

Senior Men Discus Throw

1 Carl. Fletcher	Wigan H & AC	1364	41.23	7
2 David. Mckown	Liverpool H & AC	1495	34.4	5
3 Leroy. Golding	Pendle AC	736	30.15	4
4 Bob. Wyper	Blackpool Wyre Fylde AC	345	27.4	7
5 Dave. Myerscough	Blackpool Wyre Fylde AC	230	27.29	5
6 Ryan. Inglis	Pendle AC	739	25.71	3
7 Rob. Morley	Preston Harriers	988	22.6	4
8 Wayne. Edmondson	Hyndburn AC	571	22.15	3
9 Alan. Plumb	Burnley AC	371	20.88	2
10 Nadeem. Wahid	Mossley Hill AC	1389	20.67	1
11 Russell. Race	Hyndburn AC	607	20.07	2
12 Mike. Grime	Hyndburn AC	581	19.97	nc
13 Declan. Lyons	Hyndburn AC	588	19.09	nc
14 Phil. Makin	Bolton Utd Harriers	1316	17.69	1
15 Ian. Saunders	Horwich RMI H & AC	1216	17.54	

Senior Men Javelin Throw

1 Andrew. Allan	Liverpool H & AC	1408	57.7	7
2 Paul. Mckown	Liverpool H & AC	1494	57.62	5
3 David. Mckown	Liverpool H & AC	1495	51.14	nc
4 Daniel. Linaker	Burnley AC	370	40.55	4
5 Mike. Linaker	Burnley AC	351	30.5	3
6 Phil. Makin	Bolton Utd Harriers	1316	28.01	7
7 Norman. Mitchell	Hyndburn AC	595	17.98	5

Senior Men Hammer Throw

1 Michael. Bomba	Liverpool H & AC	1402	60.54	7
2 Adam. Reynold	Liverpool H & AC	1403	37.06	5
3 Shane. Ellershaw	Blackpool Wyre Fylde AC	229	34.47	7
4 John. Edwards	Burnley AC	352	30.46	4
5 Bob. Wyper	Blackpool Wyre Fylde AC	345	30.45	5
6 Alan. Plumb	Burnley AC	371	27.49	3
7 Ryan. Inglis	Pendle AC	739	26.95	2
8 Mark. Walker	Pendle AC	753	26.45	1
9 James. Quinn	Wigan H & AC	1365	25.22	
10 Mike. Grime	Hyndburn AC	581	24.2	4
11 John. Crahan	Blackburn H & AC	88	19.75	3
12 Chris. Senior	Blackpool Wyre Fylde AC	312	19.28	nc
13 Wayne. Edmondson	Hyndburn AC	571	17.29	2
14 Cari. Foster	Horwich RMI H & AC	1217	15.38	

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Under 17 Men 100m Heat 1

1 Frank. Shepherd	Lancaster Morecambe AC	681	11.8	7
2 Michael. Hough	Chorley AC	485	11.8	7
3 Joe. Parker	Ribble Valley AC	442	12.5	4
4 Max. Obale	Kendal AC	665	12.6	2
5 Daniel. Evans	Pendle AC	734	12.7	1
6 Jamie. Simpson	Barrow & Furness AC	32	12.8	

Under 17 Men 100m Heat 2

1 Anthony. Dunn	Bolton Utd Harriers	1296	12	5
2 Sam. Carter	Hyndburn AC	627	12	4
3 Ben. Knight	Chorley AC	487	12.2	5
4 Graham. Parson	Kendal AC	640	12.5	4
5 Dominic. Hogan	Ribble Valley AC	441	13.1	

Under 17 Men 200m Heat 1

1 Anthony. Dunn	Bolton Utd Harriers	1296	24.1	7
2 Frank. Shepherd	Lancaster Morecambe AC	681	24.1	5
3 Sam. Carter	Hyndburn AC	627	24.7	4
4 Ben. Knight	Chorley AC	487	25.7	3
5 Dominic. Hogan	Ribble Valley AC	441	26.2	1

Under 17 Men 200m Heat 2

1 Graham. Parson	Kendal AC	640	25.4	7
2 Joe. Parker	Ribble Valley AC	442	25.5	5
3 Jamie. Simpson	Barrow & Furness AC	32	25.6	4
4 Aclam. Clark	Kendal AC	639	25.7	3

Under 17 Men 400m Heat 1

1 Ian. Yates	Ribble Valley AC	438	51.4	7
2 Joe. Basquill	Ribble Valley AC	444	52.7	5
3 Sam. Yates	Ribble Valley AC	426	53.7	nc
4 Daniel. Evans	Pendle AC	734	55	4
5 Max. Obale	Kendal AC	665	58	3

Under 17 Men 400m Heat 2

1 Oliver. Stringer	Guest	1490	57.1	
2 Elliot. Bailey	Ribble Valley AC	439	58.9	nc
3 Aidan. Harling	Ribble Valley AC	432	60.3	nc
4 Aclam. Clark	Kendal AC	639	61	2
5 Luke. Watson	Ribble Valley AC	446	62.9	nc

Under 17 Men 800m

1 Marcus. Quarmby	Blackpool Wyre Fylde AC	279	02:13.4	7
2 Sam. Richards	Pendle AC	747	02:27.0	7

Under 17 Men 1500m

1 Ashley. Kay	Rosendale Harriers	1024	04:21.9	7
2 Scott. Thwaites	Kendal AC	664	04:29.7	5
3 Jack. Modley	Lancaster Morecambe AC	680	04:29.9	7
4 Luke. Watson	Ribble Valley AC	446	04:48.4	4
5 Joe. Johnston	Rosendale Harriers	1023	04:56.2	3
6 Thomas. Keen	Mossley Hill AC	1393	05:32.2	2

Under 17 Men 4x100m Relay

1 .	Kendal AC	665	50.4	7
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Under 17 Men Long Jump

1 Anthony. Dunn	Bolton Utd Harriers	1296	5.75	7
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Under 17 Men High Jump

1 Sam. Yates	Ribble Valley AC	426	1.63	7
2 Joe. Basquill	Ribble Valley AC	444	1.6	5

Under 17 Men Shot Putt

1 Matthew. Balkwell	Hyndburn AC	552	10.01	7
2 Zac. Child	Pendle AC	731	9.78	7
3 Nathan. Penman	Hyndburn AC	605	8.55	5

Under 17 Men Discus Throw

1 Matthew. Balkwell	Hyndburn AC	552	25.96	7
2 Nathan. Penman	Hyndburn AC	605	23.08	5

Under 17 Men Javelin Throw

1 Zac. Child	Pendle AC	731	33.84	7
2 Nathan. Penman	Hyndburn AC	605	28.42	7

Under 17 Men Hammer Throw

1 Zac. Child	Pendle AC	731	28.03	7
2 Matthew. Balkwell	Hyndburn AC	552	22.16	7
3 Ian. Yates	Ribble Valley AC	438	21.7	5
4 Joe. Basquill	Ribble Valley AC	444	17.03	4
5 Elliot. Bailey	Ribble Valley AC	439	13.71	nc

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Under 15 Boys 100m Heat 1

1	Thomas. Bradbury	Preston Harriers	819	11.9	7
2	Will. Valentine	Bolton Utd Harriers	1278	12.4	5
3	Alan. Mckeown	Blackburn H & AC	118	13.8	3
4	Christopher. Lawson	Southport Waterloo AC	1085	14.1	2
5	Chris. Snaith	Barrow & Furness AC	22	14.4	3
6	Cory. Robinson	Kendal AC	668	15.3	2

Under 15 Boys 100m Heat 2

1	David. James	Preston Harriers	888	12.9	4
2	Jonathon. Kirkaldy	Burnley AC	364	13.3	7
3	Matthew. Smith	Kendal AC	645	13.6	5
4	Matthew. Ault	Horwich RMI H & AC	1209	14	4
5	Matthew. Birkinshaw	Preston Harriers	818	15.6	nc

Under 15 Boys 200m Heat 1

1	Thomas. Bradbury	Preston Harriers	819	24.5	7
2	Will. Valentine	Bolton Utd Harriers	1278	25.6	5
3	Callum. Blakie	Kendal AC	643	26.8	7
4	Jonathon. Kirkaldy	Burnley AC	364	26.8	5
5	David. James	Preston Harriers	888	27	4

Under 15 Boys 200m Heat 2

1	Ryan. Bradshaw	Burnley AC	365	29.2	4
2	Chris. Snaith	Barrow & Furness AC	22	29.5	3
3	Cory. Robinson	Kendal AC	668	31	2
4	Matthew. Birkinshaw	Preston Harriers	818	33	nc

Under 15 Boys 400m

1	Michael. Murray	Chorley AC	482	59.9	7
2	James. Brownless	Hyndburn AC	561	60.2	7
3	Adam. Bateson	Lancaster Morecambe AC	693	65.6	5
4	Graham. Boreham	Southport Waterloo AC	1043	68.7	4

Under 15 Boys 800m

1	Beau. Smith	Lancaster Morecambe AC	694	02:13.8	7
2	James. Brownless	Hyndburn AC	561	02:16.9	5
3	Richard. Powell	Guest	1496	02:17.9	
4	Matthew. Ault	Horwich RMI H & AC	1209	02:21.7	7
5	Adam. Bateson	Lancaster Morecambe AC	693	02:23.1	4
6	Robbie. Ingham	Kendal AC	648	02:30.9	5
7	Daniel. Quarmby	Blackpool Wyre Fylde AC	283	02:32.5	3
8	Ryan. Bradshaw	Burnley AC	365	02:41.0	4
9	Matthew. Birkinshaw	Preston Harriers	818	03:09.4	2

Under 15 Boys 1500m

1	Luke. Ingham	Kendal AC	641	04:45.5	7
2	Sam. Till	Kendal AC	666	04:48.3	5
3	Adam. Weightman	Blackpool Wyre Fylde AC	318	04:49.9	7
4	Danny. Walsh	Rosendale Harriers	1034	05:03.0	4
5	Luke. Betts	Chorley AC	493	05:05.4	3
6	Reese. Clark	Ribble Valley AC	416	05:07.6	2
7	Pascal. Dark	Rosendale Harriers	1011	05:14.4	1
8	Adam. Southcott	Hyndburn AC	628	05:52.5	5

Under 15 Boys 4x100m Relay

1	.	Kendal AC	668	54.5	7
N 2	.	Kendal AC	669	60	

Under 15 Boys Long Jump

1	Kane. Tomlinson-Weav	Bolton Utd Harriers	1291	4.38	7
2	Chris. Snaith	Barrow & Furness AC	22	4.21	7
3	Alan. Mckeown	Blackburn H & AC	118	4.2	5
4	Christopher. Lawson	Southport Waterloo AC	1085	3.82	4
5	Graham. Boreham	Southport Waterloo AC	1043	3.48	3
6	Ryan. Bradshaw	Burnley AC	365	3.43	5
7	Robert. Mcgurt	Kendal AC	667	3.29	4
8	Reece. Clark	Ribble Valley AC	416	3.05	3

Under 15 Boys High Jump

1	Alan. Mckeown	Blackburn H & AC	118	1.55	7
2	David. James	Preston Harriers	888	1.48	5
3	James. Brownless	Hyndburn AC	561	1.45	4
4	Matthew. Ault	Horwich RMI H & AC	1209	1.35	7
5	Robbie. Ingham	Kendal AC	648	1.25	5

Under 15 Boys Shot Putt

1	Darren. Evans	Preston Harriers	850	13.79	7
2	Luke. Ingham	Kendal AC	641	7.07	7
3	Christopher. Lawson	Southport Waterloo AC	1085	5.3	5
4	Graham. Boreham	Southport Waterloo AC	1043	4.64	4
5	Robert. Mcgurk	Kendal AC	667	3.92	5

Under 15 Boys Discus Throw

1	Darren. Evans	Preston Harriers	850	34.74	7
2	Robert. Makin	Bolton Utd Harriers	1274	18.09	5
3	Joshua. Blysniuk	Hyndburn AC	556	16.36	4
4	Luke. Ingham	Kendal AC	641	15.26	7

Under 15 Boys Javelin Throw

1	Robert. Makin	Bolton Utd Harriers	1274	33.95	7
2	Callum. Blakie	Kendal AC	643	29.19	7
3	Sam. Till	Kendal AC	666	22.88	5
4	Kane. Tomlinson-Weav	Bolton Utd Harriers	1291	22.74	5
5	Matthew. Smith	Kendal AC	645	17.35	nc

Under 15 Boys Hammer Throw

1	Darren. Evans	Preston Harriers	850	38.48	7
2	Robert. Makin	Bolton Utd Harriers	1274	20.24	5
3	Joshua. Blysniuk	Hyndburn AC	556	15	4

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Under 13 Boys 100m Heat 1

1 Oliver. Ragen	Ribble Valley AC	418	13.8	7
2 Luis. Blyth	Blackpool Wyre Fylde AC	250	14.3	7
3 David. Robertson	Bolton Utd Harriers	1257	14.4	5
4 Ben. Till	Kendal AC	672	14.5	4
5 George. Ingram	Southport Waterloo AC	1077	14.9	3
6 Zac. Martin	Barrow & Furness AC	15	15.2	2

Under 13 Boys 100m Heat 2

1 Neng. Wildman	Pendle AC	755	14.2	5
2 Keagan. Dobson	Ribble Valley AC	419	14.6	3
3 Noah. Saunders	Horwich RMI H & AC	1181	15.2	2
4 Jack. Hindle	Blackburn H & AC	159	15.2	2
5 Mathew. Calow	Ribble Valley AC	443	15.3	nc
6 Kyle. Hanson	Barrow & Furness AC	13	15.5	

Under 13 Boys 100m Heat 3

1 Aaron. Stannard	Bolton Utd Harriers	1262	14.5	4
2 Elliot. Harling	Ribble Valley AC	417	15.1	nc
3 Alex. Parkinson	Kendal AC	669	16.1	
4 Finn. Docherty	Blackpool Wyre Fylde AC	199	16.4	1
5 Ngone. Madzimbamuto	Ribble Valley AC	421	16.6	nc
6 Oliver. Mcdowell	Barrow & Furness AC	10	17.3	nc

Under 13 Boys 200m Heat 1

1 Oliver. Ragen	Ribble Valley AC	418	29.3	7
2 Harry. Modley	Lancaster Morecambe AC	679	29.9	7
3 Aaron. Stannard	Bolton Utd Harriers	1262	30.6	5
4 George. Ingram	Southport Waterloo AC	1077	30.9	4
5 Connor. Mcgurt	Kendal AC	670	42.2	

Under 13 Boys 200m Heat 2

1 Sam. Nicholson	Barrow & Furness AC	12	29.9	5
2 Callum. Davidson	Rossendale Harriers	1012	30.5	3
3 Keagan. Dobson	Ribble Valley AC	419	30.5	2
4 Joe. Oldfield	Ribble Valley AC	420	31.4	nc

Under 13 Boys 200m Heat 3

1 Neng. Wildman	Pendle AC	755	30.3	4
2 Thomas. Barnes	Ribble Valley AC	415	32.2	nc
3 Noah. Saunders	Horwich RMI H & AC	1181	32.5	1
4 Alex. Parkinson	Kendal AC	669	33.2	

Under 13 Boys 800m Heat 1

1 Harry. Modley	Lancaster Morecambe AC	679	02:30.1	7
2 Sam. Nicholson	Barrow & Furness AC	12	02:31.2	7
3 Daniel. Bebbington	Chorley AC	492	02:34.1	5
4 Jack. Garmory	Bolton Utd Harriers	1253	02:34.3	5
5 Callum. Davidson	Rossendale Harriers	1012	02:36.7	4
6 Ben. Till	Kendal AC	672	02:38.0	3
7 Mathew. Calow	Ribble Valley AC	443	02:44.1	1
8 Jack. Hindle	Blackburn H & AC	159	02:45.8	3
9 Declan. Bulmer	Pendle AC	760	02:49.1	
10 Thomas. Barnes	Ribble Valley AC	415	02:56.7	nc

Under 13 Boys 800m Heat 2

1 Gary. Clark	Southport Waterloo AC	1050	02:36.2	4
2 Robert. Powell	Guest	1497	02:37.0	
3 Kyle. Hanson	Barrow & Furness AC	13	02:41.9	2
4 Chris. Mann	Bolton Utd Harriers	1255	02:48.1	2
5 Elliot. Harling	Ribble Valley AC	417	02:49.7	
6 Jamie. Hauserman	Blackburn H & AC	157	02:51.0	1
7 Luke. Pepper	Blackpool Wyre Fylde AC	197	02:53.2	
8 Ngone. Madzimbamuto	Ribble Valley AC	421	03:12.1	nc
9 Connor. Mcgurk	Kendal AC	670	03:20.1	

Under 13 Boys 1500m

1 Joe. Oldfield	Ribble Valley AC	420	05:06.6	7
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Under 13 Boys 4x100m Relay

1 .	Ribble Valley AC	418	59.7	7
2 .	Barrow & Furness AC	15	64.1	5

Under 13 Boys Long Jump

1 Luis. Blyth	Blackpool Wyre Fylde AC	250	4.3	7
2 Oliver. Ragen	Ribble Valley AC	418	4.29	7
3 Keagan. Dobson	Ribble Valley AC	419	3.81	5
4 Neng. Wildman	Pendle AC	755	3.8	4
5 George. Ingram	Southport Waterloo AC	1077	3.78	5
6 Mathew. Calow	Ribble Valley AC	443	3.76	nc
7 Ben. Till	Kendal AC	672	3.74	3
8 Joe. Oldfield	Ribble Valley AC	420	3.44	nc
9 Luke. Pepper	Blackpool Wyre Fylde AC	197	3.3	4
10 Finn. Docherty	Blackpool Wyre Fylde AC	199	3.03	nc
11 Oliver. Mcdowell	Barrow & Furness AC	10	3.03	2
12 Noah. Saunders	Horwich RMI H & AC	1181	3.02	1
13 Zac. Martin	Barrow & Furness AC	15	2.93	
14 Connor. Mcgurk	Kendal AC	670	2.68	

Under 13 Boys High Jump

1 Luis. Blyth	Blackpool Wyre Fylde AC	250	1.36	7
2 Chris. Mann	Bolton Utd Harriers	1255	1.34	5
3 Joseph. Howe	Horwich RMI H & AC	1218	1.1	7

Under 13 Boys Shot Putt

1 Kyle. Hanson	Barrow & Furness AC	13	4.77	7
2 Oliver. Mcdowell	Barrow & Furness AC	10	4	5
3 Sam. Nicholson	Barrow & Furness AC	12	3.87	nc
4 Zac. Martin	Barrow & Furness AC	15	3.42	nc

Under 13 Boys Discus Throw

1 Liam. Rain	Ribble Valley AC	412	15.18	7
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Under 13 Boys Javelin Throw

1 Liam. Rain	Ribble Valley AC	412	8.02	7
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Senior Women 100m

1 Katy. Lord	Pendle AC	742	12.7	7
2 Ashleigh. Williams	Ribble Valley AC	440	13.2	5
3 Rebecca. O'Keefe	Bolton Utd Harriers	1336	13.7	7
4 Nia. Rutter	Blackpool Wyre Fylde AC	314	13.7	5
5 Sarah. Goff	Blackpool Wyre Fylde AC	206	14.2	4

Senior Women Shot Putt

1 Wendy. Laing	Lancaster Morecambe AC	695	9.27	7
2 Nia. Rutter	Blackpool Wyre Fylde AC	314	8.87	7
3 Kim. Halliwell	Wigan H & AC	1404	8.42	5
4 Vici. Dyer	Wigan H & AC	1405	7.48	4
5 Lynne. Walker	Barrow & Furness AC	40	7.24	5
6 Claire. Mitchell	Hyndburn AC	594	6.62	3
7 Laura. Mulligan	Hyndburn AC	622	6.42	2

Senior Women 200m Heat 1

1 Katy. Lord	Pendle AC	742	26.5	7
2 Ashleigh. Williams	Ribble Valley AC	440	26.8	5
3 Katie. Eckersley	Bolton Utd Harriers	1332	27.1	7
4 Christina. Carr	Blackburn H & AC	140	27.5	5
5 Sarah. Yeomans	Rossendale Harriers	1037	27.6	4

Senior Women Discus Throw

1 Vici. Dyer	Wigan H & AC	1405	28.66	7
2 Kim. Halliwell	Wigan H & AC	1404	28.65	5
3 Lynne. Walker	Barrow & Furness AC	40	21.68	7
4 Suzanne. Woodward	Liverpool H & AC	525	19.1	5
5 Karen. Vaughan	Burnley AC	354	13.9	4
6 Laura. Mulligan	Hyndburn AC	622	13.7	4

Senior Women 200m Heat 2

1 Wendy. Laing	Lancaster Morecambe AC	695	29.7	3
2 Jeanette. Murray	Chorley AC	499	32.7	2
3 Kathy. Winrow	Lancaster Morecambe AC	676	33.7	1
4 Faye. Holden	Pendle AC	738	34.1	

Senior Women Javelin Throw

1 Claire. Mitchell	Hyndburn AC	594	25.68	7
2 Laura. Mulligan	Hyndburn AC	622	17.84	5
3 Karen. Vaughan	Burnley AC	354	17.16	7
4 Caroline. Smithson	Hyndburn AC	612	15.71	nc
5 Charlotte. Murray	Chorley AC	498	10.53	5
6 Jeanette. Murray	Chorley AC	499	9	4

Senior Women 400m

1 Katie. Eckersley	Bolton Utd Harriers	1332	60	7
2 Christina. Carr	Blackburn H & AC	140	60.6	5
3 Sarah. Yeomans	Rossendale Harriers	1037	61.4	7
4 Wendy. Laing	Lancaster Morecambe AC	695	65.6	5
5 Kathy. Winrow	Lancaster Morecambe AC	676	72.8	4
6 Faye. Holden	Pendle AC	738	81.2	3

Senior Women Hammer Throw

1 Suzanne. Woodward	Liverpool H & AC	525	38.41	7
2 Lynne. Walker	Barrow & Furness AC	40	23.92	5
3 Karen. Vaughan	Burnley AC	354	17.77	4
4 Sue. Grime	Hyndburn AC	582	17.03	7

Senior Women 800m

1 Catherine. Brogan	Bolton Utd Harriers	1329	02:21.8	7
2 Laura. Deegan	Blackpool Wyre Fylde AC	188	02:24.4	5
3 Melanie. Taylor	Blackburn H & AC	146	02:31.2	4
4 Suzanne. Bailey	Ribble Valley AC	430	02:34.3	7
5 Kathy. Winrow	Lancaster Morecambe AC	676	02:45.9	5
6 Faye. Holden	Pendle AC	738	02:54.5	4

Senior Women 1500m

1 Hannah. Bateson	Lancaster Morecambe AC	692	04:54.4	7
2 Catherine. Brogan	Bolton Utd Harriers	1329	04:55.9	7
3 Rachel. Searson	Blackburn H & AC	145	05:04.8	5
4 Stephanie. Bullock	Liverpool H & AC	1409	05:18.8	5

Senior Women 3000m

1 Emma. Flanagan	Rossendale Harriers	1014	11:15.4
2 Holly. Crabtree	Pendle AC	733	11:36.0

Senior Women 4x400m Relay

1 .	Ribble Valley AC	428	04:34.9	7
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Senior Women Long Jump

1 Katrina. Hall	Preston Harriers	870	4.68	7
2 Caroline. Smithson	Hyndburn AC	612	4.49	5
3 Nia. Rutter	Blackpool Wyre Fylde AC	314	4.37	4
4 Katy. Lord	Pendle AC	742	4.06	7
5 Helen. Croft	Liverpool H & AC	1407	3.99	5
6 Sarah. Goff	Blackpool Wyre Fylde AC	206	3.57	3
7 Ashleigh. Williams	Ribble Valley AC	440	2.9	4

Senior Women Triple Jump

1 Katrina. Hall	Preston Harriers	870	10.44	7
2 Helen. Croft	Liverpool H & AC	1407	8.41	7

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Under 17 Women 100m

1 Lara. Turner	Barrow & Furness AC	27	12.7	7
2 Katy. Wyper	Blackpool Wyre Fylde AC	342	12.8	7
3 Megan. Healey	Blackpool Wyre Fylde AC	214	13.5	5
4 Chloe. Hine	Kendal AC	651	13.6	5
5 Jade. Brown	Chorley AC	490	14.3	4
6 Becky. Kemp	Ribble Valley AC	445	14.3	3

Under 17 Women Javelin Throw

1 Hannah. Lupton	Preston Harriers	903	21.77	7
2 Jodie. Tomlinson-Weav	Bolton Utd Harriers	1301	20.44	5
3 Alix. Morley	Preston Harriers	924	20.4	4
4 Katie. Mckenna	Hyndburn AC	592	17.97	3
5 Tess. Parkinson	Ribble Valley AC	422	10.67	7
6 Hayley. Huntoon	Ribble Valley AC	423	9.02	5

Under 17 Women 200m Heat 1

1 Lauren. Brennan	Southport Waterloo AC	1045	26.1	7
2 Lara. Turner	Barrow & Furness AC	27	26.5	7
3 Megan. Healey	Blackpool Wyre Fylde AC	214	27.6	5
4 Rebecca. Shorrock	Ribble Valley AC	431	30.1	4

Under 17 Women Hammer Throw

1 Lucy. Chadwick	Pendle AC	730	22.98	7
2 Katie. Mckenna	Hyndburn AC	592	21.47	7
3 Megan. Searson	Blackburn H & AC	111	18.85	5

Under 17 Women 200m Heat 2

1 Chloe. Hine	Kendal AC	651	29.5	5
2 Tess. Parkinson	Ribble Valley AC	422	30.4	3
3 Hayley. Huntoon	Ribble Valley AC	423	31.7	nc
4 Ellie. Wilson	Barrow & Furness AC	30	33.6	2

Under 17 Women 300m

1 Lauren. Brennan	Southport Waterloo AC	1045	41.6	7
2 Rachel. Preston	Pendle AC	746	45.3	7
3 Rebecca. Shorrock	Ribble Valley AC	431	46.7	5

Under 17 Women 800m

1 Zoe. Woodward	Liverpool H & AC	535	02:23.0	7
2 Emily. Walker	Pendle AC	751	02:39.2	5

Under 17 Women 1500m

1 Ellie. Wilson	Barrow & Furness AC	30	04:58.5	7
2 Michaela. Brolly	Pendle AC	728	05:09.8	5
3 Hayley. Huntoon	Ribble Valley AC	423	05:18.3	4
4 Tess. Parkinson	Ribble Valley AC	422	05:34.6	3

Under 17 Women Long Jump

1 Katy. Wyper	Blackpool Wyre Fylde AC	342	5.03	7
2 Alix. Morley	Preston Harriers	924	4.67	5
3 Chloe. Hine	Kendal AC	651	3.94	7
4 Jade. Brown	Chorley AC	490	3.45	5

Under 17 Women High Jump

1 Hannah. Lupton	Preston Harriers	903	1.5	7
2 Alix. Morley	Preston Harriers	924	1.3	5

Under 17 Women Triple Jump

1 Megan. Healey	Blackpool Wyre Fylde AC	214	9.52	7
2 Rachel. Preston	Pendle AC	746	9.16	7

Under 17 Women Shot Putt

1 Rebecca. Mcelroy	Blackburn H & AC	128	8.9	7
2 Hannah. Lupton	Preston Harriers	903	8.34	5
3 Katie. Mckenna	Hyndburn AC	592	7.61	4

Under 17 Women Discus Throw

1 Rebecca. Mcelroy	Blackburn H & AC	128	24.58	7
2 Jodie. Tomlinson-Weav	Bolton Utd Harriers	1301	21.57	5
3 Zoe. Woodward	Liverpool H & AC	535	19.54	7
4 Rachel. Preston	Pendle AC	746	17.39	5

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Under 15 Girls 100m Heat 1

1 Sophie. Riley	Blackpool Wyre Fylde AC	306	13.1	6
2 Rachel. Mcmorran	Bolton Utd Harriers	1287	13.2	4
3 Rachel. Williamson	Preston Harriers	979	14.1	2
4 Anna. Gillies	Barrow & Furness AC	45	14.3	7
5 Nina. Smart	Kendal AC	656	14.8	4

Under 15 Girls 100m Heat 2

1 Beth. Towers	Blackpool Wyre Fylde AC	328	13.1	6
2 Alicia. Johnston	Blackpool Wyre Fylde AC	256	13.3	3
3 Cassidy. Knight	Blackpool Wyre Fylde AC	350	13.7	nc
4 Miriam. Harrold	Bolton Utd Harriers	1286	14.2	1
5 Gabby. Channley	Ribble Valley AC	437	14.7	5

Under 15 Girls 100m Heat 3

1 Brittany. Shaw	Blackpool Wyre Fylde AC	347	13.9	nc
2 Loryn. Mccrudden	Blackpool Wyre Fylde AC	212	14.5	nc
3 Natasha. Johnston	Blackpool Wyre Fylde AC	349	14.5	nc
4 Eilidh. Sproul	Kendal AC	653	15.3	3
5 Emily. Dickson	Blackpool Wyre Fylde AC	300	15.3	nc

Under 15 Girls 200m Heat 1

1 Sophie. Riley	Blackpool Wyre Fylde AC	306	26.9	7
2 Rachel. Mcmorran	Bolton Utd Harriers	1287	27.1	4
3 Anna. Gillies	Barrow & Furness AC	45	30.5	7
4 Faith. Biddle	Hyndburn AC	553	31.9	2
5 Sarah. Mcdonough	Liverpool H & AC	1406	32.2	3
6 Corrie. Morris	Kendal AC	674	32.5	2

Under 15 Girls 200m Heat 2

1 Alicia. Johnston	Blackpool Wyre Fylde AC	256	27	5
2 Emma. Scott	Burnley AC	363	31.4	5
3 Natasha. Kiffin	Liverpool H & AC	512	31.4	4
4 Rhiannon. Hamill	Blackburn H & AC	161	31.6	3

Under 15 Girls 200m Heat 3

1 Cassidy. Knight	Blackpool Wyre Fylde AC	350	28.4	nc
2 Brittany. Shaw	Blackpool Wyre Fylde AC	347	28.7	nc
3 Beckie. Taylor	Blackburn H & AC	113	34.4	1

Under 15 Girls 300m

1 Katie. Morris	Southport Waterloo AC	1097	44.3	7
2 Natasha. Kiffin	Liverpool H & AC	512	49.5	7
3 Tanya. Wright	Blackpool Wyre Fylde AC	217	50.2	5
4 Sarah. Mcdonough	Liverpool H & AC	1406	50.3	5
5 Beckie. Taylor	Blackburn H & AC	113	52.1	4

Under 15 Girls 800m

1 Lauren. Gowland	Blackpool Wyre Fylde AC	189	02:29.3	7
2 Beckie. Taylor	Blackburn H & AC	113	02:32.8	5
3 Natasha. Kiffin	Liverpool H & AC	512	02:40.5	7
4 Sarah. Mcdonough	Liverpool H & AC	1406	02:43.4	5
5 Emma. Scott	Burnley AC	363	02:43.6	4

Under 15 Girls 1500m

1 Eilidh. Sproul	Kendal AC	653	05:18.0	7
2 Hannah. Topham	Hyndburn AC	617	05:19.8	7
3 Sarah. Hodgson	Lancaster Morecambe AC	687	05:20.7	5
4 Kim. Little	Barrow & Furness AC	21	05:30.1	4
5 Joelle. Campbell	Kendal AC	652	05:42.5	3
6 Katy. Fisher	Preston Harriers	854	06:12.6	5

Under 15 Girls 4x100m Relay

1 .	Kendal AC	656	59.6	7
2 .	Hyndburn AC	553	66.6	7

Under 15 Girls Long Jump

1 Michaela. Brindle	Wigan H & AC	1154	5.01	7
2 Amy. Lupton	Preston Harriers	901	4.57	5
3 Rachel. Williamson	Preston Harriers	979	4.5	4
4 Kati. Williams	Preston Harriers	978	4.24	nc
5 Joelle. Campbell	Kendal AC	652	4.17	7
6 Emily. Dickson	Blackpool Wyre Fylde AC	300	3.84	3
7 Natasha. Johnston	Blackpool Wyre Fylde AC	349	3.83	2
8 Faith. Biddle	Hyndburn AC	553	3.75	1
9 Tanya. Wright	Blackpool Wyre Fylde AC	217	3.67	nc
10 Emma. Scott	Burnley AC	363	3.58	5
11 Katy. Fisher	Preston Harriers	854	2.93	nc

Under 15 Girls High Jump

1 Helena. Leathley	Pendle AC	741	1.45	7
2 Michaela. Brindle	Wigan H & AC	1154	1.4	7
3 Joelle. Campbell	Kendal AC	652	1.4	5
4 Emily. Dickson	Blackpool Wyre Fylde AC	300	1.3	5
5 Kati. Williams	Preston Harriers	978	1.3	4
6 Loryn. Mccrudden	Blackpool Wyre Fylde AC	212	1.25	3
7 Natasha. Johnston	Blackpool Wyre Fylde AC	349	1.2	nc

Under 15 Girls Shot Putt

1 Lucy. Chadwick	Pendle AC	730	9.12	7
2 Michaela. Brindle	Wigan H & AC	1154	9.09	7
3 Amy. Lupton	Preston Harriers	901	8.79	5
4 Beth. Towers	Blackpool Wyre Fylde AC	328	8.47	4
5 Chloe. Needham	Blackpool Wyre Fylde AC	344	8.26	3
6 Rachel. Martin	Hyndburn AC	590	6.86	2
7 Lauren. Parker	Hyndburn AC	625	6.65	1
8 Kati. Williams	Preston Harriers	978	6.58	
9 Faith. Biddle	Hyndburn AC	553	6.52	nc
10 Becky. Williams	Ribble Valley AC	425	6.4	5
11 Heidi. Hampshire	Hyndburn AC	584	5.99	nc
12 Nina. Smart	Kendal AC	656	5.84	4
13 Claudia. Fiddler	Blackpool Wyre Fylde AC	263	5.74	nc
14 Rebeka. Edmondson	Hyndburn AC	570	5.48	nc
15 Francesca. Ward	Kendal AC	655	5.48	3
16 Jade. Blackledge	Hyndburn AC	555	4.9	nc
17 Alicia. Mulligan	Hyndburn AC	599	4.83	nc

Under 15 Girls Discus Throw

1 Megan. Searson	Blackburn H & AC	111	25.8	7
2 Lucy. Chadwick	Pendle AC	730	22.24	7
3 Chloe. Needham	Blackpool Wyre Fylde AC	344	19.87	5
4 Lauren. Parker	Hyndburn AC	625	18.04	4
5 Rachel. Martin	Hyndburn AC	590	15.44	3
6 Kim. Little	Barrow & Furness AC	21	15.15	5
7 Rebeka. Edmondson	Hyndburn AC	570	14.49	nc
8 Heidi. Hampshire	Hyndburn AC	584	14.3	nc
9 Corrie. Morris	Kendal AC	674	13.11	4
10 Jade. Blackledge	Hyndburn AC	555	12.01	nc
11 Katie. Morris	Southport Waterloo AC	1097	11.83	2

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Under 15 Girls Javelin Throw

1 Kim. Little	Barrow & Furness AC	21	24.06	7
2 Chloe. Needham	Blackpool Wyre Fylde AC	344	17.72	7
3 Cassidy. Knight	Blackpool Wyre Fylde AC	350	17.66	5
4 Rachel. Martin	Hyndburn AC	590	15.27	4
5 Alicia. Johnston	Blackpool Wyre Fylde AC	256	14.82	nc
6 Alicia. Mulligan	Hyndburn AC	599	14.8	3
7 Nina. Smart	Kendal AC	656	14.11	5
8 Katie. Morris	Southport Waterloo AC	1097	10.64	2
9 Becky. Williams	Ribble Valley AC	425	10.45	4
10 Rebeka. Edmondson	Hyndburn AC	570	9.83	nc
11 Gabby. Charnley	Ribble Valley AC	437	9.61	3

Under 13 Girls 100m Heat 1

1 Tash. Gardner	Blackpool Wyre Fylde AC	198	13.7	7
2 Lauren. Westwell	Ribble Valley AC	424	14	7
3 Lizzie. Oliver	Bolton Utd Harriers	1266	14.4	5
4 Rhiann. Beaumont	Chorley AC	481	14.6	4
5 Jade. Screen	Kendal AC	659	14.8	3
6 Rachael. Scott	Preston Harriers	950	15.3	1

Under 13 Girls 100m Heat 2

1 Naiomi. Wadsworth	Barrow & Furness AC	2	14.4	5
2 Demi-Lee. Scott	Bolton Utd Harriers	1270	14.4	5
3 Katy. Ingham	Blackpool Wyre Fylde AC	186	14.9	3
4 Lyndsay. O'Brien	Blackpool Wyre Fylde AC	244	15	nc
5 Ellen. Sagar-Heskel	Hyndburn AC	626	15.2	2
6 Leah. Peplow	Bolton Utd Harriers	1267	15.7	

Under 13 Girls 100m Heat 3

1 Lucy. Lennon	Ribble Valley AC	428	15.4	2
2 Katrina. Kelly	Blackpool Wyre Fylde AC	348	15.5	nc
3 Sophie. Lockwood	Preston Harriers	983	15.6	
4 Mia. Arguello	Preston Harriers	989	15.9	nc
5 Emily. Lydon	Ribble Valley AC	433	16.2	nc
6 Chloe. Law	Rosendale Harriers	1027	18.7	

Under 13 Girls 100m Heat 4

1 Sinade. Bent	Bolton Utd Harriers	1284	15.6	
2 Bella. Gray	Kendal AC	675	15.8	1
3 Hannah. Thompson	Ribble Valley AC	434	16	nc
4 Mairead. Lucas	Blackpool Wyre Fylde AC	1491	16.1	nc
5 Katherine. Richards	Ribble Valley AC	435	16.2	nc

Under 13 Girls 200m Heat 1

1 Tash. Gardner	Blackpool Wyre Fylde AC	198	28.8	7
2 Lauren. Westwell	Ribble Valley AC	424	29.1	7
3 Freya. Saddler	Barrow & Furness AC	1	29.9	5
4 Jessica. Hodsman	Kendal AC	662	30	4
5 Demi-Lee. Scott	Bolton Utd Harriers	1270	30.5	5
6 Alex. Thistlewaite	Ribble Valley AC	436	31.8	nc

Under 13 Girls 200m Heat 2

1 Ellen. Duke	Ribble Valley AC	429	30.3	3
2 Ella. Roberts	Preston Harriers	985	31.3	4
3 Olivia. Wallis	Bolton Utd Harriers	1272	32.2	nc
4 Brogan. Stewart	Barrow & Furness AC	8	32.5	2
5 Lucy. Lennon	Ribble Valley AC	428	32.8	nc
6 Marnie. Shirtcliffe	Hyndburn AC	621	33.2	1

Under 13 Girls 200m Heat 3

1 Bethany. Wallis	Bolton Utd Harriers	1271	31.9	3
2 Erin. Donagh	Southport Waterloo AC	1127	32.8	2
3 Tiffany. Charnley	Barrow & Furness AC	9	33.1	nc
4 Hannah. Thompson	Ribble Valley AC	434	35.8	nc
5 Emily. Lydon	Ribble Valley AC	433	36.1	nc
6 Hannah. Williams	Hyndburn AC	618	37.3	

Under 13 Girls 200m Heat 4

1 Sinade. Bent	Bolton Utd Harriers	1284	32.7	nc
2 Bella. Gray	Kendal AC	675	32.9	1
3 Mairead. Lucas	Blackpool Wyre Fylde AC	1491	34	
4 Zarina. Wilson	Barrow & Furness AC	46	34	nc
5 Katherine. Richards	Ribble Valley AC	435	35.4	nc

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Under 13 Girls 800m

1 Erin. Donagh	Southport Waterloo AC	1127	02:45.8	7
2 Amy. Moran	Pendle AC	1401	02:47.9	7
3 Bella. Gray	Kendal AC	675	02:48.9	5
4 Ellie. Roberts	Southport Waterloo AC	1126	02:54.0	5
5 Freya. Saddler	Barrow & Furness AC	1	02:55.6	4
6 Sinade. Bent	Bolton Utd Harriers	1284	02:57.2	4
7 Tiffany. Charnley	Barrow & Furness AC	9	02:58.0	3
8 Katy. Ingham	Blackpool Wyre Fylde AC	186	02:58.2	3
9 Hannah. Williams	Hyndburn AC	618	03:06.3	2
10 Alexandra. Quarmby	Blackpool Wyre Fylde AC	282	03:15.4	1

Under 13 Girls Shot Putt

1 Emily. Lupton	Preston Harriers	902	8.03	7
2 Laura. Nerenberg	Ribble Valley AC	427	6.34	7
3 Jessica. Hodsman	Kendal AC	662	6.18	5
4 Alex. Thistlewaite	Ribble Valley AC	436	6.04	4
5 Bethany. Evans	Preston Harriers	981	6.03	5
6 Ellen. Duke	Ribble Valley AC	429	6.01	nc
7 Katrina. Kelly	Blackpool Wyre Fylde AC	348	5.82	4
8 Mia. Arguello	Preston Harriers	989	5.71	nc
9 Eve. Jones	Blackburn H & AC	170	5.49	3
10 Jade. Screen	Kendal AC	659	5.48	3
11 Tiffany. Charnley	Barrow & Furness AC	9	5.3	2
12 Leah. Guffogg	Bolton Utd Harriers	1264	5.22	2
13 Naiomi. Wadsworth	Barrow & Furness AC	2	4.99	1
14 Katie. Davies	Bolton Utd Harriers	1263	4.77	1
15 Sophie. Lockwood	Preston Harriers	983	4.59	nc
16 Bethany. Wallis	Bolton Utd Harriers	1271	4.5	nc
17 Katherine. Richards	Ribble Valley AC	435	3.88	nc
18 Olivia. Wallis	Bolton Utd Harriers	1272	3.88	nc
19 Sophie. Leek	Southport Waterloo AC	1128	2.94	

Under 13 Girls 1500m

1 Leah. Peploe	Bolton Utd Harriers	1267	05:42.1	7
2 Laura. Mccourt	Liverpool H & AC	521	05:46.8	7
3 Rebecca. Flanagan	Rossendale Harriers	1410	06:04.3	5
4 Ellen. Sagar-Heskel	Hyndburn AC	626	06:08.5	5

Under 13 Girls 4x100m Relay

1 .	Bolton Utd Harriers	1270	59.3	7
2 .	Blackpool Wyre Fylde AC	348	60.9	5
3 .	Barrow & Furness AC	2	61.5	7
4 .	Ribble Valley AC	428	61.8	5

Under 13 Girls Long Jump

1 Naiomi. Wadsworth	Barrow & Furness AC	2	4.16	7
2 Jessica. Hodsman	Kendal AC	662	3.85	5
3 Ellen. Duke	Ribble Valley AC	429	3.83	4
4 Tash. Gardner	Blackpool Wyre Fylde AC	198	3.8	7
5 Katy. Ingham	Blackpool Wyre Fylde AC	186	3.7	5
6 Ellen. Sagar-Heskel	Hyndburn AC	626	3.67	4
7 Ella. Roberts	Preston Harriers	985	3.63	3
8 Brogan. Stewart	Barrow & Furness AC	8	3.61	3
9 Lyndsay. O'Brien	Blackpool Wyre Fylde AC	244	3.56	nc
10 Lauren. Westwell	Ribble Valley AC	424	3.55	2
11 Natalie. Barr	Blackpool Wyre Fylde AC	196	3.55	nc
12 Alex. Thistlewaite	Ribble Valley AC	436	3.54	nc
13 Mia. Arguello	Preston Harriers	989	3.53	2
14 Katrina. Kelly	Blackpool Wyre Fylde AC	348	3.51	nc
15 Marnie. Shirtcliffe	Hyndburn AC	621	3.46	1
16 Sophie. Lockwood	Preston Harriers	983	3.45	nc
17 Erin. Donagh	Southport Waterloo AC	1127	3.35	
18 Bethany. Evans	Preston Harriers	981	3.26	nc
19 Ellie. Roberts	Southport Waterloo AC	1126	3.26	
20 Lucy. Lennon	Ribble Valley AC	428	3.05	nc
21 Laura. Nerenberg	Ribble Valley AC	427	2.72	nc
22 Zarina. Wilson	Barrow & Furness AC	46	2.71	nc
23 Hannah. Williams	Hyndburn AC	618	2.53	nc
24 Sophie. Leek	Southport Waterloo AC	1128	2.51	nc
25 Chloe. Law	Rossendale Harriers	1027	2.46	1

Under 13 Girls Discus Throw

1 Emily. Lupton	Preston Harriers	902	24.48	7
2 Jade. Screen	Kendal AC	659	16.19	7
3 Bethany. Evans	Preston Harriers	981	16.17	5
4 Hannah. Thompson	Ribble Valley AC	434	14.57	5
5 Eve. Jones	Blackburn H & AC	170	14.49	4
6 Leah. Guffogg	Bolton Utd Harriers	1264	13.57	3
7 Katie. Davies	Bolton Utd Harriers	1263	13.14	2
8 Bethany. Wallis	Bolton Utd Harriers	1271	10.91	nc
9 Olivia. Wallis	Bolton Utd Harriers	1272	10.23	nc

Under 13 Girls Javelin Throw

1 Lyndsay. O'Brien	Blackpool Wyre Fylde AC	244	24.77	7
2 Marnie. Shirtcliffe	Hyndburn AC	621	23.39	5
3 Rhiann. Beaumont	Chorley AC	481	16.07	7
4 Emily. Lupton	Preston Harriers	902	15.17	4
5 Katie. Davies	Bolton Utd Harriers	1263	12.35	3

Under 13 Girls High Jump

1 Ella. Roberts	Preston Harriers	985	1.3	7
2 Rhiann. Beaumont	Chorley AC	481	1.28	7
3= Brogan. Stewart	Barrow & Furness AC	8	1.25	5
3= Laura. Nerenberg	Ribble Valley AC	427	1.25	5
5 Natalie. Barr	Blackpool Wyre Fylde AC	196	1.05	5