

M 100m A

1	Josh Cayenne	SPN	11.6
2	Thaddeus Anim Somuah	SHS	11.8
3	Junior George U20	HFH	12.2
4	Alex Bale	BKP	12.3
5	Andrew Hartshorne 20	ECH	12.4
6	Ben Dawber-Axon U20	WGN	12.5

M 100m B

1	Craig Knight	SHS	12.1
2	Steve McNamara	SPN	12.2
3	Louis Schofield U17	BKP	12.6
4	Russell Balmforth	HFH	13.8
5	David Barratt U20	ECH	14.7

M 200m A

1	Josh Cayenne	SPN	22.9
2	Thaddeus Anim Somuah	SHS	23.7
3	Alex Bale	BKP	24.2
4	Ben Dawber-Axon U20	WGN	24.4
5	Alex Cooke U20	ECH	25.0
6	Russell Balmforth	HFH	28.4

M 200m B

1	Craig Yates	SPN	24.5
2	Craig Knight	SHS	24.6
3	David Barratt U20	ECH	27.5
4	Mathew Johnson U20	HFH	53.8

M 400m A

1	Junior George U20	HFH	52.0
2	Danny Griffiths U20	SHS	55.4
3	Brent Starkie	BKP	56.0
4	John Gallagher	SPN	58.0
5	Antony Connally	ECH	58.0

M 400m B

1	Jake Rowlands	SPN	54.9
2	Dominic Arnold U20	BKP	55.4
3	Steve Clague U20	SHS	57.9
4	Tom Greenhalgh U17	HFH	61.9
5	Edwin Shaw	ECH	80.3

M 800m A

1	David Forrester U20	SHS	1.53.0
2	Christopher Kays U17	ECH	1.57.8
3	Jono Prowse	BKP	2.01.0
4	Paul Sutcliffe	SPN	2.05.9
5	Mathew Johnson U20	HFH	2.10.2

M 800m B

1	Danny Griffiths U20	SHS	2.04.1
2	Tom Petit U20	HFH	2.05.4
3	Mick Dransfield	SPN	2.19.3
4	Luke Wood U17	BKP	2.23.8

M 1500m A

1	David Forrester U20	SHS	4.09.2
2	Luke Minns	BKP	4.14.1
3	Paul Sutcliffe	SPN	4.25.1
4	Mathew Johnson U20	HFH	4.33.0
5	Andrew Hartshorne 20	ECH	5.53.3

M 1500m B

1	Stuart Robinson	BKP	4.34.6
2	Jake Healey U17	SHS	4.35.5
3	Tom Petit U20	HFH	4.44.9
4	Mick Dransfield	SPN	5.02.8
5	Edwin Shaw	ECH	6.35.4

M 5000m A

1	Jono Prowse	BKP	15.46.7
2	James Shaw	ECH	15.54.2
3	James Kevan	WGN	15.59.5
4	Dave Turnbull	HFH	16.04.0
5	Ian Costello	SHS	17.10.6
6	Mick Dransfield	SPN	20.01.5

M 5000m B

1	Phil Leybourne	BKP	16.16.7
2	Alistair Laughran	HFH	16.41.5
3	Paul Blackhouse	ECH	16.57.2
4	Barry Graney	SHS	17.52.9

M 110mH A

1	James Dewhirst U20	HFH	22.8
2	Ray Vose	SHS	23.7

M 110mH B

1	William McFadzean	HFH	23.0
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M 400mH A

1 Alex Cooke U20	ECH	59.3
2 James Dewhirst U20	HFH	68.2
3 Richard Martin	SPN	72.9
4 Ray Vose	SHS	78.8

M 400mH B

1 Steve Clague U20	SHS	64.9
2 John Gallagher	SPN	67.8
3 Antony Connally	ECH	72.2
4 William McFadzean	HFH	74.3

M 3000m SC A

1 Phil West	WGN	10.25.8
2 Stuart Robinson	BKP	10.43.6
3 Richard Smith	HFH	10.58.1
4 Stuart Heaton	ECH	11.31.7
5 Ian Hayburn	SHS	11.43.9

M 3000m SC B

1 Niall Gould U20	ECH	12.21.8
2 Luke Wood U17	BKP	12.26.2
3 Ray Vose	SHS	12.39.6
4 James Kendrick U20	HFH	13.14.9

M Discus Throw A

1 Carl Fletcher	WGN	34.08
2 Phil Robinson	SHS	32.87
3 Dave Myerscough	BKP	28.62
4 Richard Martin	SPN	26.19
5 Michael Donald	ECH	25.95
6 Tom Jennings	HFH	25.70

M Discus Throw B

1 Bob Wyper	BKP	27.79
2 Steve Killen	WGN	27.67
3 Jason Hill	ECH	22.42
4 Andy Storr	HFH	21.73
5 John Gallagher	SPN	21.34
6 Machael Hughes	SHS	18.65

M Hammer Throw A

1 Jonathan Hepworth	SPN	45.15
2 Laurence Harwood	BKP	44.13
3 Steve Killen	WGN	34.35
4 Michael Hughes	SHS	25.58
5 John McFadzean	HFH	20.72
6 Jason Hill	ECH	19.98

M Hammer Throw B

1 Richard Martin	SPN	41.36
2 Shane Ellershaw	BKP	34.54
3 Phil Robinson	SHS	25.42
4 Andy Storr	HFH	20.67
5 Edwin Shaw	ECH	14.50
6 Carl Fletcher	WGN	1.27

M High Jump A

1 Damian Clayson U20	BKP	1.75
2=John Gallagher	SPN	1.65
2=Junior George U20	HFH	1.65
4 Phil Robinson	SHS	1.60
5 Jason Hill	ECH	1.60

M High Jump B

1 Antony Connally	ECH	1.55
2 Darrell Constantine7	BKP	1.45
3 Richard Martin	SPN	1.45
4 Tom Greenhalgh U17	HFH	1.40

M Javelin Throw A

1 Adrian Cawley	WGN	45.89
2 Tom Jennings	HFH	39.80
3 Phil Robinson	SHS	36.51
4 Richard Martin	SPN	34.49
5 Andrew Hartshorne 20	ECH	33.65
6 Jon Rutter	BKP	30.08

M Javelin Throw B

1 Steve Killen	WGN	33.00
2 Steve McNamara	SPN	31.33
3 Ray Vose	SHS	28.61
4 Andrew Owen	ECH	26.92
5 Andy Storr	HFH	21.37

M Long Jump A

1 Jon Rutter	BKP	5.60
2 Thaddeus Anim Somuah	SHS	5.26
3 Antony Connally	ECH	5.15
4 Steve McNamara	SPN	5.14
5 Tom Jennings	HFH	4.76

M Long Jump B

1 Craig Knight	SHS	5.24
2 Jason Hill	ECH	5.09
3 Darrell Constantine7	BKP	4.98
4 Jake Rowlands	SPN	4.28
5 James Kendrick U20	HFH	4.21

M Pole Vault A

1 Matt Wright U20	BKP	4.20
2 Samuele Bruni	WGN	3.80
3 Phil Robinson	SHS	3.10
4 James Dewhirst U20	HFH	2.30

M Pole Vault B

1 Declan O'Hara U17	BKP	3.40
2 Steve Killen	WGN	2.10

M Shot Putt A

1 Carl Fletcher	WGN	16.13
2 Tom Jennings	HFH	11.50
3 Michael Donald	ECH	10.96
4 Richard Martin	SPN	10.73
5 Dave Myerscough	BKP	10.64
6 Phil Robinson	SHS	10.17

M Shot Putt B

1 Steve Killen	WGN	11.20
2 Bob Wyper	BKP	10.29
3 Andy Storr	HFH	9.65
4 John Gallagher	SPN	8.70
5 Michael Hughes	SHS	7.64
6 Andrew Owen	ECH	7.07

M Triple Jump A

1 Jon Rutter	BKP	12.09
2 John Gallagher	SPN	10.76
3 Antony Connally	ECH	10.41
4 Tom Greenhalgh U17	HFH	10.27
5 Ryan Fahey U17	SHS	9.97

M Triple Jump B

1 Darrell Constantine7	BKP	10.36
2 William McFadzean	HFH	10.21
3 Jason Hill	ECH	9.73
4 Jake Rowlands	SPN	8.89
5 Ian Hayburn	SHS	8.55

W 100m A

1 Laura Davies U20	BKP	13.2
2 Bethany Hirst U17	ECH	13.9
3 Becky Murphy Bates20	WGN	14.4
4 Abbie Stringer U20	SPN	14.6
5 Sue Lowrie	SHS	15.3
6 Zoe Charlesworth	HFH	18.0

W 100m B

1 Katy Wyper U17	BKP	13.9
2 Heather Drillingcour	SHS	14.3
3 Sharon Walls	WGN	14.5
4 Wendy Andrews	ECH	14.6
5 Jade Stephenson U20	SPN	14.8
6 Linda Pierson	HFH	18.1

W 200m A

1 Sally Teague U20	ECH	26.7
2 Laura Davies U20	BKP	26.8
3 Sara Simmons U20	HFH	28.3
4 Jade Stephenson U20	SPN	29.0
5 Julia Eccleston	SHS	40.0

W 200m B

1 Bethany Hirst U17	ECH	28.2
2 Nia Rutter	BKP	28.9
3 Abbie Stringer U20	SPN	29.7
4 Sue Lowrie	SHS	30.1
5 Beth Petit U17	HFH	32.1

W 400m A

1 Sally Teague U20	ECH	59.9
2 Sara Simmons U20	HFH	60.7
3 Danielle Bamber U17	BKP	62.5
4 Amy Pilkington U17	SHS	66.2
5 Abbie Stringer U20	SPN	70.7
6 Sharon Walls	WGN	75.7

W 400m B

1 Leah Owen U17	ECH	63.3
2 Emma Rawnsley U20	SPN	64.0
3 Elizabeth Hodgson 20	BKP	64.5
4 H Drillingcourt U17	SHS	64.5
5 Athena Mellor U17	HFH	71.0

W 800m A

1 Sara Simmons U20	HFH	2.16.6
2 Sarah Hudak U20	ECH	2.19.1
3 Gemma Unsworth	BKP	2.26.0
4 Emma Rawnsley U20	SPN	2.30.3
5 Gemma Connolly	SHS	2.33.3
6 Sharon Walls	WGN	3.41.4

W 800m B

1 Jemma Shaw U17	SHS	2.27.9
2 Beth Petit U17	HFH	2.34.5
3 Amy Gorton U20	ECH	2.39.4
4 Stacey Bligh	BKP	2.41.8
5 Jackie Carter	SPN	3.09.6

W 1500m A

1 Gemma Unsworth	BKP	5.00.1
2 Gemma Connolly	SHS	5.05.0
3 Catherine WhitfieldU20	WGN	5.07.5
4 Beth Petit U17	HFH	5.09.9
5 Holly Teague	ECH	5.34.4
6 Emma Rawnsley U20	SPN	5.49.0

W 1500m B

1 Nicola Rowley U20	BKP	5.16.2
2 Kathy Farquhar	HFH	5.22.4
3 Emma Fagan	ECH	5.50.7
4 Julia Eccleston	SHS	5.54.4
5 Jackie Carter	SPN	6.17.0

W 3000m A

1 Katy Ingram	WGN	9.49.7
2 Gemma Connolly	SHS	10.40.6
3 Kathy Farquhar	HFH	10.53.6
4 Nicola Rowley U20	BKP	10.57.7
5 Sarah Hudak U20	ECH	11.08.0
6 Becky Rowlands U20	SPN	11.53.9

W 3000m B

1 Carolyn Robbins	BKP	11.27.1
2 Jackie France	HFH	11.37.3
3 Stella Boam	ECH	11.39.0
4 Julia Eccleston	SHS	12.00.9
5 Jackie Carter	SPN	13.09.5

W 100mH A

1 Danni Carroll	ECH	20.3
2 Linda Pierson	HFH	27.0

W 100mH B

1 Emma Fagan	ECH	22.3
2 Zoe Charlesworth	HFH	31.9

W 400mH A

1 Sharon Walls	WGN	73.2
2 Carolyn Robbins	BKP	76.8
3 Danni Carroll	ECH	81.0
4 Zoe Charlesworth	HFH	88.6

W 400mH B

1 Emma Fagan	ECH	81.0
2 Elizabeth HodgsonU20	BKP	81.4

W Discus Throw A

1 Jennifer Ibbitson	SPN	29.27
2 Kim Halliwell	WGN	27.96
3 Katie Zientek U20	HFH	24.90
4 Nicola Rowley U20	BKP	18.29
5 Colette Donald	ECH	18.23
6 Julia Hayes	SHS	12.98

W Discus Throw B

1 Vicky Dyer	WGN	24.86
2 Charlotte Dillingham	HFH	18.05
3 Catriona Gentleman	SPN	16.55
4 Laura Davies U20	BKP	14.79
5 Susan Clague	SHS	12.43

W Hammer Throw A

1 Bethan Lishman	WGN	41.19
2 Jennifer Ibbitson	SPN	38.92
3 Katie Zientek U20	HFH	19.46
4 Julia Hayes	SHS	19.06
5 Amy Gorton U20	ECH	10.53

W Hammer Throw B

1 Catriona Gentleman	SPN	23.09
2 Kim Halliwell	WGN	16.93
3 Charlotte Dillingham	HFH	15.59
4 Susan Clague	SHS	8.56

W High Jump A

1 Samantha Frazer U17	SHS	1.65
2 Elizabeth HodgsonU20	BKP	1.35
3 Holly Teague	ECH	1.30
4 Athena Mellor U17	HFH	1.30
5 Jennifer Ibbitson	SPN	1.20
6 Sharon Walls	WGN	1.15

W High Jump B

1 Sue Lowrie	SHS	1.20
2 Linda Pierson	HFH	1.20

W Javelin Throw A

1 Leah Owen U17	ECH	29.06
2 Katie Zientek U20	HFH	28.04
3 Jennifer Ibbitson	SPN	24.86
4 Gemma Unsworth	BKP	19.38
5 Bethan Lishman	WGN	18.91
6 Josie Barrow U17	SHS	13.69

W Javelin Throw B

1 Colette Donald	ECH	17.57
2 Nia Rutter	BKP	16.53
3 Charlotte Dillingham	HFH	15.80
4 Kim Halliwell	WGN	14.84
5 Sheila Bolland	SPN	10.78
6 Julia Hayes	SHS	9.51

W Long Jump A

1 Bethany Hirst U17	ECH	5.19
2 Samantha Frazer U17	SHS	5.08
3 Katy Wyper U17	BKP	4.78
4 Sharon Walls	WGN	4.74
5 Jade Stephenson U20	SPN	4.53
6 Athena Mellor U17	HFH	4.41

W Long Jump B

1 Holly Teague	ECH	4.72
2 Nia Rutter	BKP	4.46
3 Abbie Stringer U20	SPN	4.13
4 Sue Lowrie	SHS	3.99
5 Linda Pierson	HFH	3.62
6 Bethan Lishman	WGN	2.77

W Pole Vault A

1 Michelle Sharrock	WGN	3.30
2 Elana Mingus U20	BKP	3.10
3 Jennifer Ibbitson	SPN	3.00
4 Josie Barrow U17	SHS	2.20

W Pole Vault B

No competitors

W Shot Putt A

1 Samantha Frazer U17	SHS	9.59
2 Nia Rutter	BKP	8.66
3 Jennifer Ibbitson	SPN	8.62
4 Vicky Dyer	WGN	7.72
5 Katie Zientek U20	HFH	6.86
6 Wendy Andrews	ECH	5.96

W Shot Putt B

1 Kim Halliwell	WGN	7.57
2 Charlotte Dillingham	HFH	6.78
3 Colette Donald	ECH	5.94
4 Catriona Gentleman	SPN	5.69
5 Susan Clague	SHS	5.26

W Triple Jump A

1 Nia Rutter	BKP	10.58
2 Holly Teague	ECH	9.29
3 Sharon Walls	WGN	9.25
4 Jade Stephenson U20	SPN	8.56
5 Sue Lowrie	SHS	7.35
6 Linda Pierson	HFH	7.29

W Triple Jump B

1 Katy Wyper U17	BKP	9.83
2 Danni Carroll	ECH	9.26
3 Catherine WhitfieldU20	WGN	7.59
4 Jennifer Ibbitson	SPN	7.51

W 4x100m Relay

1 BKP 52.9	1 Katy Wyper U17	2 Elizabeth Hodgson 20
	3 Nia Rutter	4 Laura Davies U20
2 ECH 54.5	1 Wendy Andrews	2 Danni Carroll
	3 Bethany Hirst U17	4 Sally Teague U20
3 SHS 54.7	1 Amy Pilkington U17	2 Heather Drillingcour
	3 Samantha Frazer U17	4 Sue Lowrie
4 HFH 67.6	1 Sara Simmons U20	2 Linda Pierson
	3 Amy McGivern U17	4 Jackie France

W 4x400m Relay

1 ECH 4.18.2	1 Leah Owen U17	2 Holly Teague
	3 Sarah Hudak U20	4 Sally Teague U20
2 SPN 4.33.3	1 Emma Rawnsley U20	2 Jade Stephenson U20
	3 Becky Rowlands U20	4 Abbie Stringer U20
3 BKP 4.42.9	1 Stacey Bligh	2 Elizabeth Hodgson 20
	3 Carolyn Robbins	4 Gemma Unsworth
4 HFH 4.49.2	1 Sara Simmons U20	2 Beth Petit U17
	3 Zoe Charlesworth	4 Athena Mellor U17
5 SHS 5.39.4	1 Gemma Connolly	2 Julia Eccleston
	3 H Drillingcourt U17	4 Susan Clague

M 4x100m Relay

1 BKP 47.6	1	2
	3	4
2 SPN 48.5	1 Craig Yates	2 John Gallagher
	3 Richard Martin	4 Steve McNamara
3 SHS 50.2	1 Steve Clague U20	2 Thaddeus Anim Somuah
	3 Ian Costello	4 Ryan Fahey U17
4 HFH 50.6	1 Junior George U20	2 Tom Jennings
	3 William McFadzean	4 Russell Balmforth
5 ECH 55.4	1 Antony Connally	2 Andrew Hartshorne 20
	3 Christopher Kays U17	4 David Barratt U20

M 4x400m Relay

1 SPN 3.37.3	1 Jake Rowlands	2 Steve McNamara
	3 Josh Cayenne	4 Paul Sutcliffe
2 SHS 3.42.3	1 David Forrester U20	2 Danny Griffiths U20
	3 Jake Healey U17	4 Thaddeus Anim Somuah
3 ECH 3.50.7	1 James Shaw	2 Antony Connally
	3 Niall Gould U20	4 Jason Hill
4 HFH 3.54.4	1 Junior George U20	2 James Dewhirst U20
	3 Richard Smith	4 Tom Petit U20
5 BKP 3.55.5	1 Damian Clayson U20	2 Luke Wood U17
	3 Darrell Constantine7	4 Alex Bale

MATCH RESULT			LEAGUE STANDINGS		
	Event	Lge		Event	Lge
1	BKP 384	6	1	Blackpool Wyre & Fylde AC 384	6
2	ECH 342	5	2	East Cheshire & Tame. AC 342	5
3	HFH 335.5	4	3	Holmfirth Harriers AC 335.5	4
4	SHS 335	3	4	St. Helens Sutton AC 335	3
5	SPN 308.5	2	5	Spenborough & District AC 308.5	2
6	WGN 233	1	6	Wigan & D. Harriers AC 233	1

General Comment

No competitors W Pole Vault B,

Note(s)

BKP Includes + 30pts,

ECH Includes + 25pts,

HFH Includes + 30pts,

SPN Includes + 30pts,

SHS Includes + 30pts,

WGN Includes + 30pts,