

WIGAN AND DISTRICT HARRIERS & A.C
Wigan Spring Open Licence Meeting at Robin Park Arena

Electronic Timing & Photo Finish
Sunday 8th April 2018 – Start Field 10.00am & Track 11.00am

List of Events:

- Under 13 Girls - 70mH / 75m / 150m / 800m **OR** 1200m / LJ / HJ / SP
- Under 13 Boys - 75mH / 100m / 200m / 800m **OR** 1500m / LJ / HJ / SP
- Under 15 Girls - 75mH / 100m / 200m / 300m / 800m **OR** 1500m / LJ / HJ / SP/ DT / JT* / PV/ HT
- Under 15 Boys - 80mH / 100m / 200m / 400m / 800m **OR** 1500m **OR** 3000m / LJ / HJ / SP / DT / JT* / PV / HT
- Under 17W - 80mH / 100m / 200m / 300m / 300mH / 800m / 1500m / 3000m / LJ / HJ / SP / DT / JT* / HT / PV / TJ*
- Under 17M - 100mH / 100m / 200m / 400m / 400mH / 800m / 1500m / 3000m / LJ / HJ / SP / DT / JT* / HT / PV / TJ*
- Under 20W - 100mH / 100m / 200m / 400m / 400mH / 800m / 1500m / 3000m / LJ / HJ / SP / DT/ JT* / HT / PV / TJ*
- Under 20M - 110mH / 100m / 200m / 400m / 400mH / 800m / 1500m / 3000m / LJ / HJ / SP / DT / JT* / HT / PV / TJ*
- SEN Women - 100mH / 100m / 200m / 400m / 400mH / 800m / 1500m / 3000m / LJ / HJ / SP / DT / JT* / HT / PV / TJ*
- SEN Men - 110mH / 100m / 200m / 400m / 400mH / 800m / 1500m / 3000m / LJ / HJ / SP / DT / JT* / HT / PV / TJ*

*TRIPLE JUMP & JAVELIN competition will not start any earlier than 14.30PM

Maximum number of events for all age groups except Senior is three.

Athlete age as at midnight 31st August 2018.

Postal Entry Fees: £5.00 per event (or £10.00 for three events) **Hammer Must Be Pre Entered**

Entry on the Day: £6.00 per event (or £15.00 for three events) **No Hammer Entries on The Day**

Closing Date for Postal Entries - Thursday 29th March 2018.

Cheques should be payable to "Wigan and District Harriers & A.C."

Additional entry forms and details available on our website: www.wiganharriers.org.uk

Please Note Parking is Now Pay & Display levied by the Local Authority – Not Wigan Harriers

ENTRY ON THE DAY BEFORE 12PM WILL BE FROM THE INDOOR TRACK

ENTRY ON THE DAY AFTER 12PM WILL BE FROM THE RESULTS ROOM UPSTAIRS

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Athlete Details:

Forename.....Surname.....

Club.....DOB.....

Age Group.....M/F.....

Event1.....Event 2.....Event 3.....

Entry Fee.....Cash Only on the Day

Signature (Parent or Guardian if under 16).....

Please detach this slip and send it with your payment to:

Wigan Harriers, Robin Park Arena, Loire Drive, Wigan, WN5 0UH

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OUTLINE TIMETABLE

Track 11.00 am Start

Track	Approx Time	Age Group
300mH	11.00am	U17W
400mH		SM/SW/U20M/U20W / U17M
1200m		U13G
1500m		SM / SW / U20M/ U20W / U17M / U17W / U15B / U15G / U13B
Sprint Hurdles		SM(110) / SW (100) / U20M / U20W / U17M (100) / U15B (80) / U17W (80) / U13B (75) / U15G (75) / U13G (70)
100m		SM / SW / U20M / U20W / U17M / U17W / U15B / U15G / U13B / U13G
75m		U13G
400m		SM / U20M / U17M / U15B / SW / U20W
300m		U17W / U15G
800m		U13G / U13B / U15G / U15B / U17W / U17M / U20W / U20M / SW / SM
3000m		SM/ U20M / U17M / U15B/ SW / U20W / U17W
200m		U13B / U15G / U15B / U17W / U17M / SW / SM / U20W / U20M
150m		U13G

Field 10.00am Start

Field	Approx Time	Age Group
Hammer	10.00am	SM / U20M / SW / U20W / U17M / U17W / U15B / U15G
Long Jump	10.30am	U13B / U13G
High Jump	11.00am	SM / U20M / SW / U20W / U17M / U17W / U15B / U13B / U15G / U13G
Discus		U15G / U17W / U20W / SW
Long Jump		U15B / U15G
Discus		SM / U20M / U17M / U15B
Shot		U15B / U13B / U13G / U15G / SM / U20M / U17M / SW / U20W / U17W
Long Jump		U17W / U20W / SW
Long Jump		U17M / U20M / SM
Triple Jump	14.30pm at the Earliest	SM / SW / U20M / U20W / U17M / U17W
Javelin	14.30pm at the Earliest	SW / U20W / U17W / U15G
Javelin	14.30pm at the Earliest	SM / U20M / U17M / U15B
Pole Vault	Starts 13.00pm	U15B / U15G / U17M / U17W / U20M / U20W / SM / SW